Write 250 words on the following topic

The use of illegal drugs, such as heroin and cocaine, are becoming more and more common in many countries.

What are some of the problems associated with drug abuse, and what are some of the possible solutions?

**Steps in Planning your Essay**

1. Underline key vocabulary in the question and write words with the same or related meaning.
2. Decide what kind of response is needed.
3. Brainstorm key points for the answer.
4. Plan the structure of your essay.

<table>
<thead>
<tr>
<th>Steps</th>
<th>Problems &amp; solutions don’t overlap</th>
<th>Problems &amp; solutions overlap</th>
</tr>
</thead>
</table>
| Intro | • Paraphrase the question • State specific topic  
*This essay will look at*…… | • Paraphrase the question • State specific topic  
*This essay will look at*…… |
| Paragraph 2 | Topic sentence: introduce problems  
Problem 1 Example  
Problem 2 Example | Topic sentence: introduce problem 1  
Problem 1 Solution 1 |
| Paragraph 3 | Topic sentence: introduce solutions  
Solution 1 More Info  
Solution 2 More Info | Problem 2: introduce problem 2  
Problem 2 Solution 2 |
| Conclusion | Summary sentence(s)  
Opinion/recommendation | Summary sentence(s)  
Opinion/recommendation |

**Steps in Writing your Essay**

1. Write the start of the introduction by paraphrasing the question.
2. Write the second part of your introduction based on the structure of your essay.
3. Write your topic sentences based on the points you have brainstormed.
4. Write supporting sentences that directly relate to your topic sentences.
5. Conclusion: The first part is a summary of your main points.
6. Conclusion: The second part is your opinion or recommendation based on your SUMMARY.
Generating Ideas

Problems

- Effect on parents, distress, pain
- Effect on family (brothers, sisters, wives, husbands, children)
- Effect on work, productivity, punctuality, career
- Criminal problems, theft, police resources, smuggling, mafia, underworld, gangs
- Medical problems, addiction, death, overdose, driving, irrational decisions or behavior, hospitalization, medical resources, treatment, clinics, detoxification, counselling

Solutions

- Education, schools, awareness, campaigns, choices, advertising
- Counselling, treatment, advice, confidential, helpline
- Communication between parents and children, meals, non-judgmental, firm, close, open communication
- Close family relationships: brothers, sisters, parents
- Employment, meaningful activity, activities in evenings,
- Good environment, leisure, sports, friends
- Expectations

Vocabulary

Spend a minute or two making alternatives and finding synonyms or related words for words in the instructions

- Drug abuse = drug addiction
- Drugs: heroin, cocaine, amphetamines, narcotics, hallucinogens, marijuana, cannabis, ecstasy, prescription drugs, hard drugs, soft drugs
- Drug user = addict = victims of drug abuse = users
- Drugs = illegal substances
- Smuggling = trafficking
- Dealing = selling
- Dealer = pusher
- Common = widespread, rife, prevalent, ubiquitous
- Country = societies, nations, communities
- Solutions = solve, remedies
- Problems = issues, difficulties, troubles
**Introduction**

Rephrase

Topic: Drug abuse is becoming increasingly serious in many nations. Although drugs threaten many societies, their effects can also be combated successfully.

Address task: This essay looks at some of the problems caused by drug use on society, and suggests some solutions to reduce the effects.

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**Paragraph 2: Problems**

<table>
<thead>
<tr>
<th>Topic Sentence</th>
<th>Drug abuse causes multiple problems for countries and communities.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical effects</td>
<td>The medical effects are very obvious.</td>
</tr>
<tr>
<td>Medical Explanation</td>
<td>Addicts abuse their bodies and neglect their health and, and so eventually require expensive treatment or hospitalization.</td>
</tr>
<tr>
<td>Example</td>
<td>In some cases, such as Marilyn Monroe, a drug overdose even leads to death.</td>
</tr>
<tr>
<td>Crime</td>
<td>The second effect is crime.</td>
</tr>
<tr>
<td>Crime Explanation</td>
<td>People who take drugs become crazy and irrational and often cause harm and danger to themselves and others.</td>
</tr>
</tbody>
</table>

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**Paragraph 3: Solutions**

<table>
<thead>
<tr>
<th>Topic Sentence</th>
<th>However, the menace of drugs can be fought.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Education</td>
<td>Education is the main way to tackle this issue.</td>
</tr>
<tr>
<td>Education Explanation</td>
<td>People need to be aware of the effects so that they can avoid this problem. Children need to be told at home and in school about the dangers and need for avoiding drugs. The government could also use infomercials to educate their citizens.</td>
</tr>
<tr>
<td>Police Explanation</td>
<td>A second approach is to increase police manpower and powers to stop dealers and to enforce the law.</td>
</tr>
</tbody>
</table>
Conclusion

<table>
<thead>
<tr>
<th>Topic Sentence</th>
<th>In conclusion,</th>
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</thead>
<tbody>
<tr>
<td>Summary of essay: problem: solution</td>
<td>Drug abuse is a serious issue because it causes harmful effects on people’s health and people who are high often commit crimes. The best approaches to deal with it are to educate the public about its effects and also to give the police more power to fight drug related crimes.</td>
</tr>
<tr>
<td>Opinion/recommendation</td>
<td>Although the problem is unlikely to be entirely eliminated in the short term there are concrete steps to reduce the effects it is having on the current society.</td>
</tr>
</tbody>
</table>

Final Essay

Drug abuse is becoming increasingly serious in many nations. Although drugs threaten many societies, their effects can also be combated successfully. This essay looks at some of the problems caused by drug use on society, and suggests some solutions to the problems.

Drug abuse causes multiple problems for countries and communities. The medical effects are very obvious. Addicts abuse their bodies and neglect their health and, and so eventually require expensive treatment or hospitalization. In some cases, such as Marilyn Monroe, a drug overdose even leads to death. The second effect is crime. People who take drugs become crazy and irrational and often cause harm and danger to themselves and others.

However, the menace of drugs can be fought. Education is the main way to tackle this issue. People need to be aware of the effects so that they can avoid this problem. Children need to be told at home and in school about the dangers and need for avoiding drugs. The government could also use infomercials to educate their citizens. A second approach is to increase police manpower and powers to stop dealers and to enforce the law.

In conclusion, drug abuse is a serious issue because it causes harmful effects on people’s health and people who are high often commit crimes. The best approaches to deal with it are to educate the public about its effects and also to give the police more power to fight drug related crimes. Although the problem is unlikely to be entirely eliminated in the short term there are concrete steps to reduce the effects it is having on the current society.

[270 words]
You should spend about 40 minutes on this task. Write about the following topic.

Alcohol abuse is becoming more and more common in many countries. What are some of the problems associated with alcohol abuse, and what are some of the possible solutions?

You should write at least 250 words. You should use your own ideas, knowledge and experience and support your arguments with examples and relevant evidence.

Plan

Steps in Planning your Essay

1. Underline key vocabulary in the question and write words with the same or related meaning.
2. Decide what kind of response is needed.
3. Brainstorm key points for the answer.

<table>
<thead>
<tr>
<th>Problems</th>
<th>solutions</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>

4. Decide on the structure of the essay
5. Write the introduction

<table>
<thead>
<tr>
<th>Introduction</th>
<th>Write you answer below</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paraphrase the question</td>
<td></td>
</tr>
<tr>
<td>This essay will look at.....</td>
<td></td>
</tr>
</tbody>
</table>

6. Write topic sentences for each body paragraph

<table>
<thead>
<tr>
<th>Paragraph 2:</th>
<th>Topic sentence:</th>
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<tbody>
<tr>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Paragraph 3:</th>
<th>Topic sentence:</th>
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<tbody>
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<td></td>
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<table>
<thead>
<tr>
<th>Paragraph 4:</th>
<th>Topic sentence:</th>
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<tbody>
<tr>
<td></td>
<td>[you may not need one]</td>
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</tbody>
</table>

6. Final Paragraph

<table>
<thead>
<tr>
<th>Summarise main points</th>
<th></th>
</tr>
</thead>
</table>

| Give your final opinion or recommendation/restate your position |                           |